



COVID19 & Asthma Resources

CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/asthma.html>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs-sp.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms-sp.pdf>

<https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>

<https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-spanish-508.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

Healthwise:

https://www.healthwise.org/getattachment/specialpages/COVID-19-Resources/HW_Care_For_Yourself_With_Covid19.pdf

https://www.healthwise.org/getattachment/specialpages/COVID-19-Resources/HW_Care_For_Yourself_With_Covid19_es.pdf

Asthma & Allergy Network of America

https://www.allergyasthmanetwork.org/wp-content/uploads/2020/03/COVID-19_3-19.pdf

Boston Public Health Commission

<https://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Cleaning%20and%20Disinfecting%20for%20COVID%2019.pdf>

Cleaning guidance flyers passed on from Boston Mayor's Office of Immigrant Advancement from Los Angeles County DPH:

- **Cleaning in Group Settings Flyer:** [English](#) | [Spanish](#) | [Traditional Chinese](#) | [Simplified Chinese](#) | [Korean](#) | [Armenian](#) | [Tagalog](#) | [Arabic](#) | [Farsi](#) | [Cambodian](#) | [Russian](#) | [Japanese](#) | [Vietnamese](#)
- **Cleaning in the Home Flyer:** [English](#) | [Spanish](#) | [Traditional Chinese](#) | [Simplified Chinese](#) | [Korean](#) | [Armenian](#) | [Tagalog](#) | [Arabic](#) | [Farsi](#) | [Cambodian](#) | [Russian](#) | [Japanese](#) | [Vietnamese](#)

MASS COSH

<http://www.masscosh.org/sites/default/files/documents/coronavirus%20factsheet%203-2020%20english.pdf>

COMMUNITY HEALTH WORKERS (CHWs) AND THE CORONAVIRUS

<https://nachw.org/covid-19-resources/>

American Lung Association

- **Patient webinar: COVID-19 and Chronic Lung Disease: What You Need to Know**
The Lung Association held a webinar on Monday, March 16, 2020. Dr. Albert Rizzo, Chief Medical Officer for the American Lung Association, shared important recommendations for individuals living with chronic lung disease in the wake of the COVID-19 pandemic. The webinar was recorded. If people would like to listen, they can [register online](#) and will receive a link to the recording.
- **Join the American Lung Association's free online support communities on Inspire.com**
The Lung Association is proud to support free online communities on Inspire.com for people living with lung disease. These online communities offer peer-to-peer support from the comfort of your own home. You can start or respond to threads on the communities, upload photos and search for specific topics to find other members who share the same interests. Interested individuals can join one or more of eight Lung Association supported communities by [registering online](#).
- **Call the American Lung Association's Lung HelpLine**
Experienced and knowledgeable healthcare professionals are ready to assist you with questions you have about COVID-19 or any other lung health questions (asthma, smoking cessation, air quality, etc. questions). We have bilingual Spanish speaking staff along with a live language interpretation service for over 250 languages. Interested individuals can call us at 1-800-LUNG-USA or [submit a question online](#).